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## Camp Medical Services - Telehealth Consent for Treatment

For:

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### 1. Important Emergency Notice

Do not use this service if you are experiencing a medical emergency. If you are in an emergency situation, call 911, go to your nearest emergency room, or call or text the free 988 Suicide & Crisis Lifeline at 988 or 800-273-8255.

### 2. General Information and Consent to Treatment

This Telehealth Informed Consent supplements, but does not change, Camp Medical Service/ Essential MD Terms of Service, Notice of Privacy Practices, and other applicable policies. Those documents continue to apply to your care and use of Camp Medical Services Essential MD services.

Consent to Treatment: You voluntarily consent to receive medical evaluation, diagnosis, treatment, and related healthcare services from Camp Medical Service/ Essential MD and affiliated providers. You authorize your provider to perform examinations, order diagnostic tests, prescribe medications (when medically appropriate), and provide other healthcare services consistent with your clinical needs. You understand that the practice of medicine is not an exact science and that no guarantees have been made regarding the outcome of your care. You understand that other licensed healthcare professionals, support staff, or affiliated entities may participate in your care under the supervision or direction of your provider, as permitted by law. Your provider will discuss the material risks, benefits, and alternatives of any specific recommended treatment or medication during your visit.

By using Camp Medical Service/ Essential MD, you agree to consult with your providers virtually and/or remotely. All care delivered through Camp Medical Service/ Essential MD is provided via telehealth. Telehealth is healthcare delivered through electronic tools when you and your provider are not in the same location. Telehealth services may include:

### 3. Telehealth Services May Include

- Video or telephone consultations
- Electronic messaging, which may include secure in-app messaging and, where you choose/consent to receive messages by text message (SMS), messaging to your mobile phone or device
- Remote patient monitoring
- Review of medical records, images, and diagnostic data
- Use of data from medical devices, video, or audio recordings
- Electronic prescribing (when medically appropriate)
- Electronic exchange of health information

### 4. Potential Benefits and Risks

#### Potential Risks

- Technical issues that may interrupt or delay care
- The information available during a telehealth visit may be limited compared to an in-person evaluation
- In some cases, there may be need for in-person evaluation or testing
- Telehealth services rely on electronic communication technologies, and technical interruptions or failures may occur.

#### Potential Benefits

- Access to care without travel
- More timely communication with a licensed provider
- Improved convenience and care coordination

### 5. Voluntary Consent and Acknowledgements

Read the following carefully. You acknowledge and agree that:

- You consent to receiving healthcare services from Camp Medical Service/ Essential MD via telehealth technologies. Telehealth involves the use of electronic communications to enable healthcare services when you and

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your provider are not in the same physical location. You understand that it is up to your provider to determine whether telehealth is appropriate for your specific clinical needs.

- Information collected during your telehealth visit, including health information and communications, may be documented and securely stored within the Camp Medical Service/ Essential MD system for purposes of treatment, care coordination, and healthcare operations. Camp Medical Service/ Essential MD maintains administrative, physical, and technical safeguards designed to protect your information in accordance with the Health Insurance Portability and Accountability Act (HIPAA) and other applicable privacy and security laws.
- You understand your provider will be licensed in the state where you are physically located at the time of your visit, as/if required by applicable law. You may be asked to confirm your identity, physical location, and contact information at the start of each visit to ensure compliance with licensure and prescribing requirements.
- You understand that telehealth services depend on electronic communication technologies and that technical failures, interruptions, or delays may occur that are beyond the control of Camp Medical Service/ Essential MD . In some circumstances, a visit may need to be rescheduled or converted to in-person care.
- You understand that it is necessary for you to provide complete and accurate medical history and contact information (particularly phone, email, and address). You agree to update your medical health records and contact information periodically, but no less than once a year.
- You understand that your provider may use artificial intelligence-enabled technology to assist in documenting your visit. Such technology may process or record audio from your encounter to support care, including clinical documentation. Your provider remains responsible for reviewing, editing, and finalizing your medical record.
- You understand that alternatives to telehealth services, including in-person care, may be available to you. By choosing telehealth, you acknowledge that you prefer this method of receiving care for your current needs.
- You understand that while you may expect benefits from telehealth services, no specific results can be guaranteed.
- You understand that prescriptions will be issued only when medically appropriate and permitted under applicable law. Certain medications, including controlled substances, may not be prescribed through telehealth or may be subject to additional requirements or limitations. There is no guarantee that you will receive a prescription. Where applicable, prescriptions provided will be issued in accordance with your employer or health plan's requirements.
- You understand that Camp Medical Service/ Essential MD does not provide emergency services. If you are experiencing a medical emergency, you should call 911 immediately or seek care at the nearest emergency department.
- You understand that you have the right to withdraw your consent to telehealth at any time. If you choose to end your visit, your right to services will not be affected. However, withdrawal of consent to telehealth may require you to seek care through an in-person provider.
- You understand that Camp Medical Service/ Essential MD and your providers reserve the right to decline or discontinue services in the professional judgment of your provider when the services are not medically or ethically appropriate, in cases of illegal, abusive, or threatening conduct, or in the event of material nonpayment for services, subject to applicable law. If services are discontinued, you may be notified using the contact information you have provided to us.
- For guardians or representatives consenting on behalf of another: If you are a parent or legal guardian providing consent on behalf of a minor (under the age of 18) or the patient named, the following applies in addition to the other provisions in this Consent:
  - By providing consent, you represent that you have the legal authority to consent to healthcare services on behalf of the minor or the patient named.
  - You are responsible for providing complete and accurate information regarding the minor's medical history, medications, contact information, and other relevant health information. Clinical decisions will be based on the information available at the time of the encounter.
  - A parent or legal guardian may be required to participate in the telehealth visit, depending on the minor's age, the nature of the services provided, and applicable law.
  - You understand that certain healthcare services may be subject to state or federal laws that permit minors to consent to care independently, or that limit parental access to certain information. In such cases, services and related information may be provided or withheld in accordance with applicable law.
  - As a parent or legal guardian, you may withdraw consent for telehealth services on behalf of the minor at any time. I consent to my child participating in telemedicine visits with Camp Medical Service/ Essential MD physicians if deemed medically appropriate by camp health staff

#### 6. Additional State-specific Disclosures

In accordance with North Carolina law, I consent to receive telehealth services. I acknowledge the risks, benefits, and limitations of telehealth, including potential limitations in physical examination.

Prescribing: I understand that medications may be prescribed via telehealth when clinically appropriate and in compliance with state and federal law, including limitations on controlled substances.

Pharmacy: Prescriptions may be transmitted electronically to a pharmacy of my choice, and I understand local state regulations may impact dispensing.

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Behavioral Health: If behavioral health services are provided, I understand additional protections may apply, including confidentiality considerations and potential restrictions on telehealth-only treatment depending on state law.

I understand that specific requirements, including provider licensure and standard of care, will be maintained in accordance with applicable state regulations.

7. Acceptance

By affirmatively indicating your agreement through any available method of acceptance (including, where applicable, by checking a box, clicking "I agree," providing an electronic signature, proceeding with a telehealth visit, or otherwise electronically accepting), you acknowledge that you have read, understood, and agree to all provisions of this Informed Consent, including any applicable state-specific disclosures above, and you voluntarily provide your informed consent (and/or consent on behalf of your minor child or the named patient, if applicable) to receive telehealth services under the terms described herein.

Signature \_\_\_\_\_ Date \_\_\_\_\_