

# POOL SCHEDULE

## APRIL 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>OPEN SWIM &amp; LAP SWIM</b> 5:00 AM - 8:45pm	<b>OPEN SWIM &amp; LAP SWIM</b> 5:00 AM - 8:45pm	<b>OPEN SWIM &amp; LAP SWIM</b> 5:00 AM - 8:45pm	<b>OPEN SWIM &amp; LAP SWIM</b> 5:00 AM - 8:45pm	<b>OPEN SWIM &amp; LAP SWIM</b> 5:00 AM - 7:45pm	<b>OPEN SWIM &amp; LAP SWIM</b> 7:00 AM - 4:45 PM
<b>OPEN SWIM &amp; LAP SWIM</b> 12:00 PM - 4:45 PM	<b>AQUA YOGA</b> 8:00AM - 8:45AM	<b>Shallow Water Cardio</b> 9:00AM - 9:45AM  <b>Shallow Water Cardio</b> 10:00AM - 10:45AM	<b>AQUA ZUMBA</b> 6:30 AM - 7:00 AM	<b>Shallow Water Cardio</b> 8:00AM - 8:45AM		<b>SWIM LESSONS</b> 8:30 AM - 11:30 AM
<b>Shallow Water Cardio</b> 3:00 PM - 3:45 PM						
	<b>SWIM LESSONS</b> 5:00 PM - 6:15PM  <b>Shallow Water Cardio</b> 6:15PM -	<b>SWIM LESSONS</b> 5:00 PM - 8:00PM	<b>SWIM LESSONS</b> 5:00 PM - 6:15PM  <b>AQUA YOGA</b> 6:15PM - 7:00PM	<b>SWIM LESSONS</b> 5:00 PM - 8:00 PM		

Please ask the lifeguard or see designated signs of where the open pool areas are during swim lessons and water fitness classes.

When there is only one lifeguard on duty there will be a 10min safety break. implemented every hour.

Lap swim may not be available during swim lessons

Steam and Sauna Operation Hours:

Monday - Thursday	5:00AM-8:45PM
Friday	5:00 AM - 7:45 PM
Saturday	7:00AM-4:45PM
Saturday	12:00 PM-4:45PM