# DO MORE BE MORE



#### 10.26.25 - 12.7.25 | ANDY ELLIOTT COURT

	MON	TUE	WED	THUR	FRI	SAT	SUN
5:00 AM		OPEN GYM 5-11 AM	OPEN GYM 5-9 AM	OPEN GYM 5-11 AM	OPEN GYM 5-9 AM Athletic		
6:00 AM							
7:00AM						OPEN GYM 7 AM-5:45 PM	
8:00 AM							
9:00AM			Athletic Conditioning				
10:00 AM			9-10:30 AM (Inclement Weather)		9-10:30 AM (Inclement Weather)		
11:00 AM		Adult Pick-Up Basketball 11 AM-1 PM	OPEN GYM 10:30 AM- 8:45 PM	Adult Pick-Up Basketball 11 AM-1 PM			
12:00 PM							
1:00 PM	OPEN GYM 5 AM-8:45 PM	OPEN GYM 1-9:45 PM		OPEN GYM 1-7:30 PM			OPEN GYM
2:00 PM							12-4 PM
3:00 PM							
4:00 PM							Forest Hill 4-6 PM
5:00 PM							
6:00 PM							
7:00 PM				Forest Hill 7:30-9:45 PM			**Next schedule
8:00 PM							begins Mon, 12/8
9:00 PM							
OR	ORGANIZED PROGRAM - Open to members and guests			PROGRAM AREA - Registered program participants			

# DO MORE BE MORE



9405 Bryant Farms Road Charlotte NC 28277

## 10.26.25 - 12.7.25 | ADULT GYM COURT B

	MON	TUE	WED	THUR	FRI	SAT	SUN	
5:00 AM	Athletic Conditioning	5-7 AM	Athletic Conditioning 5-7 AM (Inclement Weather)	Athletic Conditioning 5–7 AM (Inclement Weather)	Athletic Conditioning 5–7 AM (Inclement Weather)			
6:00 AM	5-7 AM (Inclement Weather)							
7:00AM		OPEN GYM 7-11 AM		OPEN GYM 7-11 AM				
8:00 AM								
9:00AM								
10:00 AM								
11:00 AM		Adult		Adult	OPEN GYM 7 AM-8:45 PM	OPEN GYM 7 AM-5:45 PM		
12:00 PM		Basketball 11 AM-1 PM		Basketball 11 AM-1 PM				
1:00 PM				OPEN GYM 1-7:15 PM			OPEN GYM	
2:00 PM	OPEN GYM 7 AM-9:45 PM	OPEN GYM 1-9:45 PM	OPEN GYM 7 AM-9:45 PM				12-4 PM	
3:00 PM								
4:00 PM							Forest Hill	
5:00 PM						Forest Hill 4-6 PM		
6:00 PM								
7:00 PM		Adult Basketball Leagues 6 PM - 9 PM (Ends 11/18)					**Next schedule	
8:00 PM				Forest Hill 7:30-9:45 PM			begins Mon, 12/8	
9:00 PM								
0	ORGANIZED PROGRAM - Open to members and guests				PROGRAM AREA - Registered program participants			

# DO MORE BE MORE



### 10.26.25 - 12.7.25 | YOUTH & TEEN GYM

	MON	TUE	WED	THUR	FRI	SAT	SUN
5:00 AM	OPEN GYM 5-9 AM	OPEN GYM 5-9 AM	OPEN GYM 5-9 AM	OPEN GYM 5-9 AM	OPEN GYM 5-9 AM		
6:00 AM							
7:00AM							
8:00 AM							
9:00AM		YOUTH PROGRAMS 9 AM- 6 PM	YOUTH PROGRAMS 9 AM- 6 PM	YOUTH PROGRAMS 9 AM- 6 PM	YOUTH PROGRAMS 9 AM- 6 PM		
10:00 AM						OPEN GYM 7 AM-5:45 PM	
11:00 AM							
12:00 PM							
1:00 PM	YOUTH PROGRAMS 9 AM- 6 PM						OPEN GYM 1-5:45 PM
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM							
6:00 PM	PICKLEBALL 6-9 PM	PICKLEBALL 6-9 PM	PICKLEBALL 6-9 PM	PICKLEBALL 6-9 PM	PICKLEBALL 6-9 PM		
7:00 PM							**Next schedule
8:00 PM							begins Mon, 12/8
9:00 PM	OPEN GYM 9-9:45 PM	OPEN GYM 9-9:45 PM	OPEN GYM 9-9:45 PM	OPEN GYM 9-9:45 PM			
ORGANIZED	ORGANIZED PROGRAM - Open to members/guests WITH RESERVATION			PROGRAM AREA - Registered program participants			