



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Lake Norman YMCA

## 2025 SUMMER GYMNASIUM SCHEDULE

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY					
TIMES	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2				
5AM	Pick Up Shoot Around 5-9:15am		Pick Up Shoot Around 5-9:30am		Pick Up Shoot Around 5-9:30am		Pick Up Shoot Around 5-9:30am		Pick Up Shoot Around 5-9:15am									
6AM																		
7AM											Pick Up Shoot Around 7-11am							
8AM																		
9AM	Cardio Dance 9:15-10:30am		Youth Dev	Pickleball 9:30a- 12:00p	Youth Dev	Pickleball 9:30a- 12:00p	Youth Dev	Pickleball 9:30a- 12:00p	Cardio Dance 9:15-10:30am									
10AM																		
11AM	Youth Dev	Youth Dev		Youth Dev		Youth Dev		Youth Dev	Youth Dev	Youth Dev	Pickleball 11am-2pm							
12PM																		
1PM		Youth Dev	Youth Dev			Youth Dev		Youth Dev	Youth Dev	Youth Dev			Pick Up Shoot Around 12-5pm					
2PM																		
3PM	Pick Up Shoot Around 3:30-9pm		Pick Up BBall 3:30-5pm	ADULT Basketball Leagues 5-9pm	Pick Up BBall 3:30-6:30pm		Pickleball 3:30- 9:00pm		Pick Up BBall 3:30-5pm		Volleyball Pickup 2-5pm							
4PM																		
5PM					Pick Up BBall 6:30- 9pm				YOUTH Basketball Leagues 5-8pm									
6PM																		
7PM					Volleyball Pickup 6:30-9pm													
8PM																		
9PM																		

This schedule may be altered to accommodate program needs at any time.

{POSTED 6.20.2025}