# **MEDICARE:**

#### **United Healthcare**

• **Via Optum Renew Active** — is a benefit of United Health Care Medicare plan. This benefit grants UHC members access to the YMCA as part of their fitness initiative. The YMCA of Greater Charlotte is part of the Premier Plan — visit <a href="https://www.uhcrenewactive.com/home">https://www.uhcrenewactive.com/home</a> to learn more and verify eligibility or call the number on the back of your UHC Member ID card.

### **Blue Cross Blue Shield of NC:**

FitON Health (formerly PeerFit) – Utilize FOH Credits that can be used for gym memberships, fitness classes, or other fitness services offered by FitOn Health. Learn how to get month-to-month, unlimited access to a fitness facility on our network using your credits. To learn more visit: <a href="https://fitonhealth.com/register">https://fitonhealth.com/register</a> or <a href="https://www.bluecrossnc.com/">https://www.bluecrossnc.com/</a>

# **MEDICAID:**

#### **United Healthcare:**

Via Optum OnePass – United Healthcare Medicaid members 18 years of age and older may now
join the YMCA at no cost to them through One Pass! Eligible members also may enroll up to five
family members from the same household on their Y membership, in accordance with our family/
household membership policies. Eligible members can go to www.youronepass.com to generate
a One Pass member code for Y membership.

## **Healthcare Marketplace:**

- AmBetter Health of North Carolina Ambetter of North Carolina Inc. members are offered
  an in-person membership at participating locations\* and a virtual Y membership through YMCA360!
  As an Ambetter Health member you have access to full memberships to in-person YMCA locations,
  as well as YMCA360, the virtual, at-home version of YMCA. Your YMCA and YMCA360 memberships
  are included with your Ambetter Health coverage, so you always have access to in-person and
  at-home programs to stay healthy, active, and engaged. Available in select counties in AZ and NC.
  Learn More.
- Dr. B Members who qualify can use these services to get letters of medical necessity enabling them to use their HSA/FSA cards to pay for their fitness expenses and saving them up to 40% by unlocking their ability to pay with pre-tax dollars. After obtaining a Letter of Medical Necessity, individuals can submit the letter with their YMCA membership and/or YMCA evidence-based health programs receipts directly to their HSA/FSA administrator for reimbursement. Visit https://hidrb.com/ to learn more!