

Keith Family Indoor Pool Schedule

13-Jan-25

Lane 1 is closest to the Family Locker rooms. Lane 6 is closest to the windows

Times	Mon/Wed						Tues/Thurs						Friday						Saturday						Sunday						Times
	L1	L2	L3	L4	L5	L6	L1	L2	L3	L4	L5	L6	L1	L2	L3	L4	L5	L6	L1	L2	L3	L4	L5	L6	L1	L2	L3	L4	L5	L6	
6:00 AM																														6:00 AM	
6:30 AM																														6:30 AM	
7:00 AM																														7:00 AM	
7:30 AM																														7:30 AM	
8:00 AM																														8:00 AM	
8:30 AM																														8:30 AM	
9:00 AM																														9:00 AM	
9:30 AM																														9:30 AM	
10:00 AM																														10:00 AM	
10:30 AM																														10:30 AM	
11:00 AM																														11:00 AM	
11:30 AM																														11:30 AM	
12:00 PM																														12:00 PM	
12:30 PM																														12:30 PM	
1:00 PM																														1:00 PM	
1:30 PM																														1:30 PM	
2:00 PM																														2:00 PM	
2:30 PM																														2:30 PM	
3:00 PM																														3:00 PM	
3:30 PM																														3:30 PM	
4:00 PM																														4:00 PM	
4:30 PM																														4:30 PM	
5:00 PM																														5:00 PM	
5:30 PM																														5:30 PM	
6:00 PM																														6:00 PM	
6:30 PM																														6:30 PM	
7:00 PM																														7:00 PM	
7:30 PM																														7:30 PM	
8:00 PM																														8:00 PM	
8:30 PM																														8:30 PM	
9:00 PM																														9:00 PM	
9:30 PM																														9:30 PM	
9:45 PM																														9:45 PM	

LAP SWIM

CLASSES, LESSONS & OPEN SWIM

CLOSED

Lap Swim Reservation

We have moved to a reservation system for booking lap lanes! You can book your lane 22 hours in advance through our YMCA of Greater Charlotte app! Ask our team for more information if needed. **Friday evenings could be reserved for make up swim lessons in the event of a storm during the week. The Pool Areas closes 15 minutes before the center closes. Check our app for updates.

Aquatic Information

The Keith Family YMCA offers several Aquatic Programs ranging from: Swim Lessons, Masters Swim Team, Triathlon Training, Water Fitness, Swim Team, Lifeguard Training, Private Swim Lessons, and more!

YMCA Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

***Schedule subject to change, Check app for updates.**