## **Gym Schedule**

## **WINTER 2025**

		Sunday			Monday		Tuesday				Wednesday			Thursday			Friday			Saturday		
Time	Side A (Full Court)	Side B	Side C	Side A	Side B	Side C	Side A (Full Court)	Side B	Side C	Side A	Side B	Side C	Side A	Side B	Side C	Side A	Side B	Side C	Side A (Full Court)	Side B	Side C	
5:00 AM	(Full Court)			(Full Court)			(Full Court)			(Full Court)			(Full Court)			(Full Court)			(Full Court)			
5:30 AM																						
6:00 AM																						
6:30 AM				Open Gym			Open Gym			Open Gym			Open Gym									
7:00 AM				5:00AM - 9:00AM			5:00AM - 9:00AM			5:00AM - 9:00AM			5:00AM - 9:00AM							Open Gym		
7:30 AM			3.007111	Pickleball		5.507.11-1	Pickleball			Pickleball		5.007	Pickleball			Pickleball		7:00AM-7:45AM		<b>AM</b>		
8:00 AM					1 Court	Reserved		1 Court	Reserved		1 Court	Reserved		1 Court	Reserved		1 Court	Reserved				
8:30 AM					1 Cou	rt Open		1 Cour	rt Open		1 Cou	rt Open		1 Cou	irt Open		1 Cour	t Open				
9:00 AM			High Fitness	5:00AM-12:00PM		High Fitness	5:00AM-12:00PM		High Fitness	5:00AM-12:00PM		High Fitness	5:00AM-12:00PM			5:00AM-12:00PM						
9:30 AM				(Group Ex)	3.00/M-12:00FM		(Group Ex)	J.00/1111	12.00114	(Group Ex)	3.00AM-12.00FM		(Group Ex)	3.00/IM 12:00FIM			3.007 IM 12.001 IM					
10:00 AM																						
10:30 AM																						
11:00 AM																						
11:30 AM																						
12:00 PM																						
12:30 PM										0 6						Ones Com			Baskethall I	eaque 7:45.	AM-6:00PN	
1:00 PM			Open Gym 12:00-				Open Gym 10:30AM -			Open Gym 10:30AM -			Open Gym 10:30AM -			Open Gym 5:00AM -			<u>Jasketsan</u>	icagac 7.107		
1:30 PM			3:00PM				4:50PM	0	0	4:50PM	0	0	4:50PM	0	0	9:00PM						
2:00 PM								Open Gym 12:00-	Open Gym 12:00-		Open Gym 12:00-	Open Gym 12:00-		Open Gym 12:00-	Open Gym 12:00-							
2:30 PM	Open							4:50PM	4:50PM		4:50PM	4:50PM		4:50PM	4:50PM							
3:00 PM	12:00-6	:UUPM		Open Gym																		
3:30 PM			Pickleball	10:30AM -													Open Gym	Open Gym				
4:00 PM		3:00- 6:00PM	10:00PM	Open Gym 12:00-	12:00-											12:00- 9:00PM	12:00- 9:00PM					
4:30 PM																						
5:00 PM					10:00PM	10:00PM																
5:30 PM																						
6:00 PM							Basketball		Basketball	Basketball	Basketball	Basketball	Basketball	Basketball								
6:30 PM 7:00 PM							League 4:50-	League 4:50-	League 4:50-	League 4:50-	League 4:50-	League 4:50-	League 4:50-	League 4:50-	League 4:50-							
7:00 PM 7:30 PM							9:00PM	9:00PM	9:00PM	9:00PM	9:00PM	9:00PM	9:00PM	9:00PM	9:00PM							
7:50 PM 8:00 PM																						
8:30PM																						
9:00PM							Open 9.00-	Open 9:00-	Open 9:00-	Open 9.00-	Open 9.00.	Open 9:00-	Open 9:00-	Open 9.00	- Open 9:00-							
9:30PM							10PM	10PM	10PM	10PM	10PM	10PM	10PM	10PM	10PM							
LEGEND:	Program Area - Registered Program Participants Areas are only open to registered participants of that program.							Open Gym - No Reservation Required				Gym Closed			Group Exercise Class Reserve your spot on the Y App				Pickleball - Reservations on YCLT+ App			
								*Gym	Schedule i	s subject t	o change	without no	otice*									
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