



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Lake Norman YMCA

2025 SPRING GYMNASIUM SCHEDULE

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY													
TIMES	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2												
5AM	Adult Basketball 5-9am		Adult Basketball 5-9am		Adult Basketball 5-9am		Adult Basketball 5-9am		Adult Basketball 5-9am																	
6AM																										
7AM																										
8AM																										
9AM	Cardio Dance 9:15-10:30am		Youth Develop 9am-12pm	Pickleball 11am-4pm	Youth Develop 9am-12pm	Pickleball 11am-4pm	Youth Develop 9am-12pm	Pickleball 11am-4pm	Youth Develop 9am-12pm	Pickleball 11am-4pm	Pickleball 7-12am															
10AM																										
11AM	Youth Develop 11am-12pm	Pickleball 11am-4pm																								
12PM																										
1PM	Pickleball 12-4pm		Pickleball 12-4pm		Pickleball 12-4pm		Pickleball 12-4pm		Pickleball 12-4pm		Pick Up Shoot Around 12--5pm		Pick Up Shoot Around 12-5pm													
2PM																										
3PM																										
4PM																										
5PM	Pick Up Shoot Around 5-9pm		Pickleball 5-8:45pm		Volleyball Leagues 5-6:30pm		Pickleball 5-8:45pm		Pick Up Shoot Around 5-9pm																	
6PM																										
7PM					Pick Up Shoot Around 6:30-9pm																					
8PM																										
9PM																										

This schedule may be altered to accommodate program needs at any time.

{POSTED 3/20/2025}