POOL SCHEDULE



July - September 2025

Childress Klein												
Time:		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		Sunday	Time:		Sunday
5 AM	5:45 AM	Open	Open	Open	Open	Open						
6 AM	7 AM	Open	Open	Open	Open	Open						
7:15 AM	8:15 AM	Open	Open	Open	Open	Open	7 AM	7:45 AM	Open			
8:30 AM	9 AM	Open	Open	Open	Open	Open	8 AM	8:45 AM	Open			
9 AM	9:45 AM	Open	Open	Open	Open	Open	9 AM	9:45 AM	Open			
10 AM	Open: This Pool Will Take 15 Minute Pool Break: 10 AM 6:45 PM 10:45AM-11AM, 11:45AM-12PM, 12:45PM-1PM, 1:45PM-2PM, 2:45PM-3PM, 3:45PM-4PM, 4:45PM-5PM, 5:45PM-6PM, & 6:45PM-7PM						10 AM	3:45 PM	Open: Pool Breaks 10:45AM-11AM, 11:45AM-12PM, 12:45PM-1PM, 1:45PM-2PM, & 2:45PM-3PM	10 AM	1:45 PM	Open: Pool Breaks 10:45AM-11AM, 11:45AM-12PM, & 12:45PM-1PM
7 PM	8 PM	Open	Closed - Programing	Open	Closed - Programing							

RESERVATIONS REQUIRED

Reservations are required and available on the YCLT+ App or on our website (ymcacharlotte.org). All pool reservations are shared lanes. Please note that if specific time blocks are not reservable online then it will be in line with our staffing ratios and/or Holiday Schedule.

Reservations: 30-45minute lap swim reservations are available. To reserve each time frame, please visit our app or website Walk-ins are welcome, for a maximum of 15 swimmers in the pool at one time.

Peak Times: 6am - 9am, 12pm-2pm, & 5pm-7pm (Open lanes during peak times are limited)

Pool Breaks: 15 Minute Pool Breaks are taken throughout the day to allow for lifeguard breaks. The first break will occur 5:45AM - 6AM, and continue through the day.