

Keith Family Y

Gym Schedule August 9 – September 30

Monday

8am-10am: Pickleball (Court 1)

5am-5:30pm: Open Gym (Court 2)

6pm-8pm: Adaptive Rugby (Court 2)

8:15pm-10pm: Open Gym

Tuesday 5am – 10pm: Open Gym

Wednesday

8am-10am: Pickleball Court 1a and 1b

10am-5:30pm: Open Gym Court 1

5am-10pm: Open Gym Court 2

6pm-9pm: Adult Basketball Court 1

Thursday

5am-10pm: Open Gym Court 2

5am-5:30pm: Open Gym Court 1

6pm-9pm: Adult Basketball Court 1

Friday

5am-9pm: Open Gym

8am-10am: Pickleball Court 1

Saturday

7am – 6pm: Open Gym

Sunday

12pm – 6pm: Open Gym