

Gym Schedule

SPRING 2025

	Sunday			Monday			Tuesday			Wednesday			Thursday			Friday			Saturday														
Time	Side A (Full Court)	Side B	Side C	Side A (Full Court)	Side B	Side C	Side A (Full Court)	Side B	Side C	Side A (Full Court)	Side B	Side C	Side A (Full Court)	Side B	Side C	Side A (Full Court)	Side B	Side C	Side A (Full Court)	Side B	Side C												
5:00 AM				Open Gym 5:00AM - 9:00AM	Pickleball		Open Gym 5:00AM - 9:00AM	Pickleball		Open Gym 5:00AM - 9:00AM	Pickleball		Open Gym 5:00AM - 9:00AM	Pickleball		Open Gym 5:00AM - 9:00AM	Pickleball																
5:30 AM																																	
6:00 AM																																	
6:30 AM																																	
7:00 AM																																	
7:30 AM				1 Court Reserved 1 Court Open	1 Court Reserved 1 Court Open	1 Court Reserved 1 Court Open	1 Court Reserved 1 Court Open	1 Court Reserved 1 Court Open	1 Court Reserved 1 Court Open	1 Court Reserved 1 Court Open																							
8:00 AM																																	
8:30 AM																																	
9:00 AM											High Fitness (Group Ex)	5:00AM-12:00PM	High Fitness (Group Ex)	5:00AM-12:00PM	High Fitness (Group Ex)	5:00AM-12:00PM	High Fitness (Group Ex)	5:00AM-12:00PM				High Fitness (Group Ex)	5:00AM-12:00PM										
9:30 AM																																	
10:00 AM																			Open Gym 7:00AM-5:00PM														
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12:00 PM																				Open Gym 12:00-5:00PM	Open Gym 12:00-3:00PM	Open Gym 10:30AM - 9:00PM	Open Gym 12:00-9:00PM	Open Gym 12:00-9:00PM	Open Gym 10:30AM - 9:00PM	Open Gym 12:00-9:00PM	Open Gym 12:00-9:00PM	Open Gym 10:30AM - 9:00PM	Open Gym 12:00-9:00PM	Open Gym 12:00-9:00PM	Open Gym 10:30AM - 9:00PM	Open Gym 12:00-9:00PM	Open Gym 12:00-9:00PM
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2:00 PM																																	
2:30 PM	Pickleball 3:00-5:00PM	Open Gym 12:00-9:00PM	Open Gym 12:00-9:00PM	Open Gym 12:00-9:00PM	Open Gym 12:00-9:00PM	Open Gym 12:00-9:00PM	Open Gym 12:00-9:00PM	Open Gym 12:00-9:00PM	Open Gym 12:00-9:00PM	Open Gym 12:00-9:00PM	Open Gym 12:00-9:00PM	Open Gym 12:00-9:00PM	Open Gym 12:00-9:00PM	Open Gym 12:00-9:00PM																			
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LEGEND:	Program Area - Registered Program Participants Areas are only open to registered participants of that program.						Open Gym - No Reservation Required				Gym Closed			Group Exercise Class Reserve your spot on the Y App			Pickleball - Reservations on YCLT+ App																

Gym Schedule is subject to change without notice